


Rhythm and Timing Challenge

Week 1: Crotchets and Crotchet Rests

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Notes and Counting

1 2 3 4 (1) (2) (3) (4)




Demo

1 2 3 (4) 1 (2) 3 4 (1) 2 (3) 4 (1) (2) 3 4



Quiz



Instructions:

1. Write in the counts above the notes. The rests are written in parentheses, please see example.
2. Clap the rhythm and count the beats out loud. Always use a metronome.
3. Play the quiz on your instrument with a metronome. Alternate your hands if you are a percussionist or pick any note if you play a wind, brass, or string instrument.
4. Record your performance and send your teacher a link to the video for review.

Difficulty Levels:

Apprentice: ♩ = 70 - 120

Journeyman: ♩ = 120 - 150

Master: ♩ = 150 +